

high as already reported, earning by an enemy sub- here. As soon as she the Cobbert sent wireless h was immediately forth- rol boats, one of which put t. There was no panic on the crew remained at their of all concerned was ad-

Steamer Sunk.

Christians, Saturday. Consul at Almeria (Spain) has Ministry for Foreign Affairs before a Maritime Court has per Norse was sunk by a which asked for the ship's and gave the crew time to

Ships Sunk.

Christiania, Friday. General at Rotterdam has eamer Arena, of Christiania, a the 2nd inst. by a German orth Sea, all hands being

London, Saturday. ports that the British steamer blown up. Crew of 29 all ed.

r Clyde, belonging to Whit- n up. Crew saved. r St. Jerneborg is reported f Sardinia on April 6th.

British steamer Adamton is n sunk. tes that the British steamer as been sunk.

STEAMER

Without Warning.

Brest, Tuesday. r Unions has been torpedoed wo of the crew were picked l boat and seventeen more boat. All the firemen are s and fifteen of the crew have aptain made a declaration thorities here, according to given before the torpedo was lid not have time to come up f the crew jumped into the until the French torpedo boat

LOSS OF TWO DUTCH SHIPS.

by Dutch Council.

ag Council has published its the loss of the Palembang and sed that at least two torpedoes or the first-named ship, which howing clearly the origin and ssel.

ie Council, prove that the nd in the Tubantis's boats rtzkopff torpedo. No statu- ny course of action proposed

inherited from her past. Part of this heritage is peculiarly her own. In other respects of her many-sided national life, she has shared her achievements with other peoples of the West. In the Middle Ages she was the bulwark of Christendom against the Moorish tide; while hardly more than a century ago she rose once more to defend the same cause of national liberty and public right for which the Allies are battling now against Germany's reckless ambitions of world dominion. In struggles a hundred years past the Spanish and British peoples fought shoulder to shoulder. Leading Spaniards have declared our cause is just, and uttered their firm hope and belief that this cause will issue victorious. We, as subjects of King George and members of the Quadruple Entente, desire to place on record our lasting sense of admiration and gratitude for the standpoint that Spain has adopted in face of this unprecedented international crisis, and, in particular, for clear expression of the Spanish point of view that has been given to the world in the declaration of more than 700 Spaniards of eminence and distinction.

Amongst the signatories in addition to those mentioned are—Sir Clifford Allbutt, Master of Temple; Mr Arnold Bennett, Professor Fitzmaurice Kelly, Mr Maurice Howlett, Mr Radyard Kipling, Sir Sidney Lees, Sir Oliver Lodge, Sir Edward Poynter, Sir Quiller Couch, Lord Roseberry, Sir Ronald Ross, Professor Sadler, Sir Ernest Satow, Sir E H Seymour, Professor Spenser Wilkinson, Mrs Humphry Ward, Miss Flora Annie Steel, Mrs Margaret Woods, and Miss May Sinclair.

THE LATE COL. CHARLES J HOLMES, R.A.M.C.

The funeral took place at Lancaster Cemetery last Saturday, with military honours, of the late Col Charles James Holmes, R.A.M.C, Clare, aged fifty-nine, who had had 34 years' military service, being in all the great campaigns, and for the last three years had been in charge of the Military Hospital at Lancaster. The mourners were—Dr Holmes (of Dublin) and Mr John Holmes (of Limerick), nephews, and Mr R Clark. A firing party of fifty, under the command of Captain Mitchell, of the King's Own Depot, headed the funeral procession, and there were present, besides a representative gathering of medical gentlemen of the district, the following military representatives:—Colonel W H Duffin, Commanding the 4th Regimental District; Major Churchill, Major Paton, D.S.O; Captain de la Rue Cox, Lieut Maine, R.A.M.C, Lancaster; Colonel Goggin, and Major Berryman, R.A.M.C, Kendal. Alderman Preston, the Military representative, was present. The band of the King's Own Regiment, under the Depot Bandmaster, Mr Richardson, was present. The officiating clergy were Rev Father Dobson and Rev Fr Rogerson.

DROP THAT FOOD.

Too much Starch in Diet often causes Trouble.

"As one who has benefited materially from the use of Grape-Nuts, I feel it my duty to tell of it," begins a letter from County Mayo, Ireland. The letter is well worth reading. Here it is:— "For several years I was a victim of indigestion and its accompanying maladies, arising, no

next addressed the meeting, and said glorious duty for any young man to be cal atop the onward march of the most awful of the human race. (Hear, hear). The their country, their homes, and their depended on the number of young me Ireland would supply in this crisi threatens disaster. Ireland had alrea well, so well that it would be a pity if were not filled up by her own cot to strike the final blow against th murder of innocent women and against an enemy who was gain the lives of human beings to satisfy his gold, territory, and world power. (A He felt sure Irishmen would not a Redmond's appeal to pass without resp it was the response already made that w ing Irishmen of every class and creed which was a good augury for the future hear). He was sorry that a lot of your were to be found in some places, wh the sense to examine who their lea they would find that these men w ing them wrong, and would bring ing disgrace to our country. (Hear These young fellows were tarnishing th tion of the glorious fame reproduced on t fields of Europe, and it would be right in authority and of mature years to a youths in this particular movement. If to serve Ireland let them join the Colour will be a probability of their seeing fi their military attainments and ambitio may be fully satisfied, with additional l those already secured by their gallant oc who have already bravely fought and fallen for Ireland, the Empire, the c civilisation. (Applause).

Mr F A Johnston, sub-Controller, l next addressed the meeting, and paid a tribute to the families of those who ha their best to do men's part. (Hear Nothing could be more treasured in tin than a family memento of their s the call of duty, and the Committee special arrangements to present each f "Certificates of Honour," and invite and sailors' friends to make applicatio so that in the years to come, when would be enjoying well-earned pe Certificates would recall the proud fact for whom they are presented took part of Christianity versus slavery and (Applause).

Mr Martin E White, Organiser, had i time distributing various forms of dealing with the war and recruiting. took up any local questions necessitati

Mr W M Kidd supplied and drov car with the Committee and spea Delmege's motor car was also in attent

A vote of thanks to the Chairman, Mr E White, brought the meeting to a

RECRUITING IN DU

Disloyal Posters

Mr Justice Kenny's W Comments.

Mr Justice Kenny, addressing the